

The Heart of the Matter

I am White Eagle.

No matter how far your heart wanders, yet it is always Home. Where is Home? you ask. Home is where your heart is.

Yes, this is a paradox. But your heart can only see so much. It can only see so far while it is still on the path to openness. You will see beyond the ridges and the mountain tops and the boulders that stand in your way once your heart is truly opened, manifesting Love to every Being.

Your heart can only hold so much but when you let it go, the whole world opens to it. But you say you cannot refrain from worry and fear that clutch at your heart strings. Yes, you can! There is no need to fear. Fear is in the mind, the mind that closes to the heart.

Be Heartened! Know that your fear is not real. What is real is in your heart of hearts, deep down in the wholesome heart of your Being. There is the reality, there is the Truth, there is your whole Soul and Being. There is the Heart of the Matter!

Smile! Release your heart from its cage – the cage your mind sets for it. Let yourself be open to all that Is and all that Is will be revealed to you. What is true – that which is true.

You think you cannot know what is true, but in your heart of hearts, you know! Take time to begin this journey deep into your heart. Take time to see how clearly that which is not true washes away. Take time to seek yourself – that which is holy, that which is One with the All.

Take Time! To know the truth that is hidden deep within you. Take time to understand that all you see with your eyes is not the reality — that behind the reality that you think you see is a truth beyond your imagining.

Take time to understand these things, to search for the reality beneath what you perceive to be real. Take time to understand the motion of the stars, the *single-hood* of humanity, the enrichment of the Earth. Take time to see and know these things – all that matters.

Take time to see your real self – beneath the layers of false ideas. Seek more than the Truth. Seek your heart. Seek to open your heart and there you shall find the Truth. There you shall know who you truly are. There you shall see that we are ALL ONE. *There* is the everlasting Truth.

Notice the Light within you. Notice the Love deep down in your heart. And let it all out. For there is the TRUE YOU. There is the Truth. Open your heart. Speak peace to one and all. And remember truly who you are. *For we are All One.*

Bless you, my child. Bless you.
So be it. Aum.

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