

## *Stand Tall*

*I am White Eagle.*

*There is a part of me that is indestructible. Why should I be frightened? And yet, I am. There is a deep feeling of fear within me that I can't quite shake. And yet you tell me I am indestructible – That which I truly am is indestructible. Speak, then, White Eagle. Tell me. Show me how to overcome this fear.*

Fear is one part of the natural state of being human in the dichotomous world. Its counterbalance is Love. And transcending that is Wisdom and Understanding of how the duality works, what the balance is, where it is lodged and how it is dislodged.

When you sink to the bottom of the pit, you think you will never get out, never recover from the shock of the fear. And yet, there is always something in you that climbs steadily upward, that enables you to pull yourself out of the pit.

What is that? *What is that?* What is the Essence of That which makes you move toward Life, toward Hope, toward Love? Deep within you, there is a knowing, there is a strength, there is a fantastic power within you — That which favors Life — That which yearns for Love — That which somehow knows that the Universe is Good, that Love is the Way, that Light somehow resides even in the darkest pit of despair.

It is but a brief candle, you think, that blows out with every wayward wind. But I tell you, it never dies. There is nothing that can extinguish it on this earth. **That which you are Lives**, whether you be grounded in the Earth or released from its magnetic force. In any case, it is Love that lifts you out, holding the Lamp aloft that you may see your way to Wisdom and Understanding, to the Truth that abides always.

Do not let your fear overcome you. For it is but like a passing fantasy. A wave of fear, but only a wave that comes and goes, depending on where you stand. If you stand on the edge of the sand, it might sweep you away. If you stand on a rock, it will shake you, but if you are planted deep in the heart of the Earth, in the heart of Well-Being, *nothing, nothing at all* can make you waver, for the rock upon which you stand is the Eternal Life within you, the Love that endures forever, the Peace that passes all understanding.

Behold, in the true Light, you are whole. That which is dual is surpassed by the wholeness within you, by the purity of the Life-Spring that you are. Witness the coming waves. Stand witness to the waves and BE NOT MOVED from your Eternal Stance of Well-Being, of Love, of Understanding. Be not moved. But stand like a Beacon of Light to all who fear, to all who are washed this way and that by the waves of fear and despair. STAND TALL.

Let the world see your Light. Let your Light beam into the hearts of one and all and in that beam, may they gather strength and *see the Light that they, too, are*. That they, too, may stand with you so the Beacon of Light grows ever Stronger, ever Brighter, ever more Hopeful, ever more Truthful, ever Real — all Powerful, all Loving, all Life, all Being. **Stand tall!**

**That** is your posture! The posture you are meant to be on this Earth. **Stand tall.** You cannot be moved when you are rooted in the Almighty Truth of the Earth and of the Stars and of all that God has made. **Stand tall.**

***You are of the Light. You are the Light. You are the Love. You are the Well-Being. You are the Beacon of Hope. Draw others unto you and you shall defeat this wave of fear.***

***Go forward. Forward into the next dimension. Forward into Love and Light. Forward into the New World, made for One and All, for WE ARE ALL ONE and in that Oneness, we are All Love and we are All Light and we are All Eternal.***

*Have faith. Remember this. Stand tall.*

Bless you, my child. Bless you.  
So be it. Amen. Aum.

*I am White Eagle of the Intergalactic Brotherhood of Light  
Peace be unto you  
So be it. Amen. Aum.*

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