

*“My heart beats through you”*

*I am White Eagle.*

“My heart beats through you.” Such is the message from those beyond the veil.

You are our eyes and ears. You are our heart and mind. Through you we touch and move and enfold to our hearts each individual soul that moves upon the planet.

Every heart has its own rhythm. Yet we can align ourselves to that rhythm and in so doing, move through you and embrace every heart that beats.

We rejoice in this planet of free will for if you will it, it will come. If you will it, we will move through you. If you will it, we will all be One in mind and spirit, heart and soul, and you will feel it and know that in truth *we are all One*.

We live in the magic pose of Oneness. All beings are One. And so we who emanate Love to all the world pour out our hearts to each heart that opens to us.

We know you are Love and Love Supreme emanates from your heart of hearts. Seek to know this Love, seek to expand this Love, seek to *love* this Love for *it is YOU* and it is what has created you.

Enmesh your heart in Love until there is no mind, no thought, no hindrance to your well being.

Breathe in the Essence of who you are.

Sample this Love and ingest it until your heart is full, and there – *Stay* – and dwell among us in the realms you never dreamed of.

Remain wholly within this space. Do not move.

All that there is, is known to you. Let it be revealed.

Peace. Peace be yours now and forever.

Bless you, my child, bless you.